

From: Physio4All [info=physio4all.com.au@mail77.us2.mcsv.net] on behalf of Physio4All [info@physio4all.com.au]
Sent: Monday, 30 April 2012 12:47 PM
To: Steve
Subject: PHYSIO4ALL E-News: Good Vibrations - The Whole Body Vibration Machine

Learn about the Whole Body Vibration Machine! PLUS Special Offer - FREE 15min Consult and Introduction to the Whole Body Vibration Machine!! For First 10 Callers Only!!

Is this email not displaying correctly?
[View it in your browser.](#)

PHYSIO4ALL E-News

Good Vibrations!

The Whole Body Vibration Machine

What is the Whole Body Vibration Machine?

The Whole Body Vibration (WBV) machine delivers low impact vibrations through a platform gently into your body. It is considered low-magnitude, safe and beneficial in an exercise and therapeutic environment. WBV in a healthcare setting involves standing, sitting and/or exercising on the vibrating platform. It also has a vibration belt which gives great relief around the back and hip region, and the arms and hands. It is set at amplitude that is **SAFE AND TOLERATED BY MOST.**



Health benefits from WBV:-	Musculoskeletal conditions benefit from WBV:-
Increases blood flow to promote healing	Back/Pelvic/Hip or Neck/Shoulder pain
Reduced muscle spasm	Foot and Ankle dysfunction
Increases muscle activation and strength	Joint stiffness after trauma/surgery
Improved flexibility & joint mobility	Muscle imbalances/weakness
Reduction in chronic oedema	Poor balance
Improved bone density	
Increases soft tissue flexibility	

Information for Referral for WBV



Contraindications:

- Pacemaker
- Recent fracture
- Acute blood clot
- Gall or kidney stones
- Epilepsy

Precautions:

- Pregnancy
- Metallic implants



Check out our latest YouTube video on the [WBV](#).

Click the following link for an article on the [Effectiveness of WBV in the treatment of Osteoporosis](#).

Click the following link for an article on the effectiveness of [WBV following reconstruction of the Anterior Cruciate Ligament](#).

PHYSIO4ALL ANNOUNCEMENTS

SPECIAL OFFER!!!

Download the following voucher, and receive a **FREE 15min Consultation and WBV Introduction** with one of our experienced physios! **Valued at \$50.00!**

For the first 10 callers!

BOOK NOW on 02 9922 2212!

Click here for your [FREE 15 Consultation and WBV Introduction voucher](#)

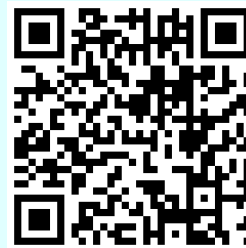
FAN OF THE WEEK!

Check out our new app on Facebook! You can become **FAN OF THE WEEK** by commenting or liking a particular post, or posting to our Wall. If you do become our **FAN OF THE WEEK** you'll receive **10% off your next session with PHYSIO4ALL!***

So [Like us on Facebook](#) by clicking on the following link: <https://www.facebook.com/Physio4All>

OR

You can use a QR code reader on your Smartphone:



**Not applicable for Pilates Patient Packs. One discount applicable per person. Patients must download the special FAN OF THE WEEK voucher messaged to them through Facebook or email and bring it to the reception staff before their appointment.

Copyright © 2012 Physio4All, All rights reserved.

Hi! You signed up because you wanted to receive the fantastic newsletter from PHYSIO4ALL, or you were referred by a friend to receive our newsletter. Remember, there are special offers that only those in the PHYSIO4ALL family receives, and we love that you are a part of the PHYSIO4ALL family.



Our mailing address is:

Physio4All
Shop P16, NorthPoint Plaza
100 Miller Street
North Sydney, NSW 2060
Australia

[Add us to your address book](#)

[follow on Twitter](#)  | [friend on Facebook](#)  | [follow on YouTube](#)  | [forward to a friend](#) 

[unsubscribe from this list](#) | [update subscription preferences](#)